

playlist

HIDDEN AGENDA

Fit parade

★ **On the agenda:** Taste of Wellness Tour at Green City Market, 1750 N. Clark St., 312-933-8347; chewchicago.com

Check it out if you ... are looking for ways to get in shape but don't know what you'll like, want to try out some local health-conscious restaurants, think a mix of exercise and shopping makes for a great morning.

The deets: At 10 a.m. and 11 a.m. Wednesdays, Fridays and Saturdays through Nov. 18, you can take a walking tour of Lincoln Park spots geared toward supporting a healthy lifestyle. The tour starts by sampling foods at Green City Market (or with a 20-minute exercise class on Fridays and all dates after Oct. 31, when the market is closed). You'll get a workout with stretching at Lululemon and 20-minute yoga and Pilates classes. Along with burning calories, participants learn about raw food and sample smoothies at Karyn's Raw and try natural beauty products at Lush. The 3-mile tours last 3 to 4 hours and finish at Whole Foods, where you can stick around and buy lunch. The \$40 fee includes a gift bag with coupons, samples and information. During October, \$5 from every ticket is donated to Be Bright Pink in honor of Breast Cancer Awareness Month.

The payoff: Learning new ways to stay fit.



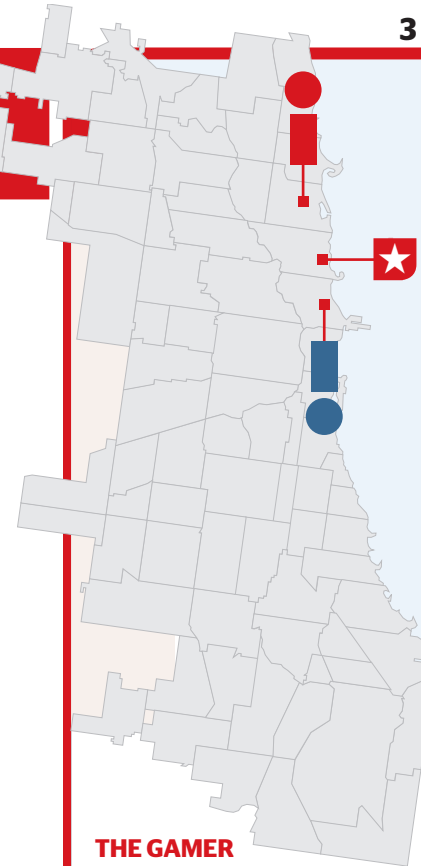
Green City Market
REDEYE FILE



Yoga at Veria
Natural Wellness



Pilates at
Body Endeavors



THE GAMER

Who's playing at home



Northwestern vs. Indiana

11 a.m. Saturday, Ryan Field, Evanston



Wolves vs. Abbotsford

7 p.m. Saturday, Allstate Arena, Rosemont



Blackhawks vs. Nashville

7:30 p.m. Saturday, United Center

A mashup of RedEye and metromix.com



sat

MasquerAid

West Town

Don a party mask, listen to music, try some light hors d'oeuvres, network and enjoy three hours of open bar as Young Professionals of Chicago throws a fundraiser for Scholarship Chicago. The event continues at 11 p.m. with an afterparty at Market (1113 W. Randolph St.). 8 p.m. Mars Gallery, 1139 West Fulton Market. 312-229-0033. Tickets: ypchicago.org. \$40-50.

REDEYE/MMX PICK

Dead Celebrity Pub Crawl

Wrigleyville

Dress as your favorite dead celebrity for a tour of six Wrigleyville bars. Includes a costume contest (9 p.m.) and drink specials. Schedule: 7:30 p.m., Trace (3714 N. Clark St.); 8:15 p.m., Rockit Bar & Grill (3700 N. Clark St.); 9 p.m., John Barleycorn (3524 N. Clark St.); 9:45 p.m., Uberstein (3478 N. Clark St.); 10:30 p.m., Mullen's on Clark (3527 N. Clark St.); 11:15 p.m., Sluggers Sports Bar & Dueling Pianos (3540 N. Clark St.). 773-549-6000. Tickets: thechicagogrid.com. \$10-\$15.

sun

REDEYE/MMX PICK

Halloween for Dogs

Near North Side

Meet at the store for a group walk to nearby Washington Square Park (901 N. Clark St.) for the sixth annual canine costume parade and contest, which is expected to attract more than 400 pooches. Prizes are awarded for "scariest," "funniest" and "most glamorous." Includes goodie bags for contestants. Beginning at store at 10 a.m.; parade at 11 a.m. Tails in the City, 1 E. Delaware Pl. 312-649-0347. Free; \$10 costume contest entry fee.

all wk'd

The Elaborate Entrance of 2nd Story

Lincoln Park

Hear original tales from individuals and groups of two and three, with musical accompaniment from writer-performers Kim Morris; Max Glaessner and metromix.com special contributor Julia Borcherts; and Khanisha Foster, Russell Foster and Sheridan Foster. 7:30 p.m. Victory Gardens Biograph Theater, 2433 N. Lincoln Ave. 773-871-3000. \$15-20.

Haunted Drive-in Movie Series

Wicker Park

Bundle up and watch Halloween-themed films in the park while eating pizza. In case of rain, films screen in the park's gym. 1 p.m. Saturday, "Creature from the Black Lagoon"; 6:30 p.m. Saturday, "Ghostbusters"; 1 p.m. Sunday, "Creature from the Black Lagoon"; 6:30 p.m. Sunday, "Ghostbusters II." Wicker Park, 1425 N. Damen Ave. 312-742-7553. \$5.

Trails of Terror

North Center

Creepy characters infest nearly a half-mile of wooded trails depicting a seaside town featuring an old general store and haunted abandoned fishing boats. Not suitable for young children. 6:30-9:39 p.m. Saturday and Sunday. Peterson Park, 5801 N. Pulaski Rd. 312-742-7584. \$10; \$8 for kids under age 13.